

Kikaha O Ke Kai Outrigger Canoe Club
Hosts our 5th Annual

Manu K. Baker Regatta

May 14th, 2011

Spanaway Lake Park

Spanaway, Washington

Races Start at 8am

500, 1000, and 1500 meters sprints
on 6-man & 1-man Outrigger Canoes

ENTRY FEE:

\$18.00 per Adult Crews - \$6.00 for Junior Crews or \$3 per OC-1
Payable to: Kikaha O Ke Kai

NOTE: Please pre-register all OC-1 & OC-6 events one week prior to race day and e-mail Brenda at brencf@comcast.net. Your lane assignments will be posted on race day at the official booth. OC-1 Open Women & Men only – New Open 4 Event.

RACE RULES:

1. All paddlers must have signed waivers on file with PNW-ORCA & USACK releasing the member club and the association of any liability. No paddler will be allowed to race until the waiver forms is on file. Waiver forms will be available on site. Also Event only forms will be \$10.00 for non-members.
2. Kikaha O Ke Kai Manu K. Baker Regatta is sanctioned by PNW-ORCA & Insured by USACK. Race rules and regulations are in accordance with PNW-ORCA.
3. Race course will be 250/500 meter per PNW-ORCA and will consist of 8 lanes (9 lanes for 500 meters).
4. Age groups/categories and race distances are in accordance with PNW-ORCA.
5. Use/carrying of life vest will be in accordance with PNW-ORCA.
6. Events #-7, 8, 10, 11 & 16 must have an “open steersman” in accordance with PNW-ORCA.

AWARDS:

1. Ribbons will be awarded to the top 3 places in the following divisions – All Keiki, Juniors, Novice and OC-1 events.
2. **Beautiful Handcrafted Trophies** will be awarded for the top 3 clubs with the most points accumulated.
(1st = 5 points, 2nd = 3 points, 3rd = 2 points, and 4th = 1 point)

Directions:

- From I-5 take exit #127 (SR 512/Puyallup) go east & follow the Puyallup/Mt. Rainier signs. Go east for 2 miles on SR 512. Take the second exit (Parkland/Spanaway). Turn right onto Pacific Avenue (SR 7). Travel approximately 3 miles and turn right on Old Military Rd (152nd St). Go 1/2 mile and entrance to the Park's main gate is on the left.

Any Questions: Call Boy Chun Fook at 253-471-0893 or E-mail boycf@comcast.net

EVENT # _____ LANE # _____ BOAT# _____ HEAT # _____ TIME _____
(leave blank for Official use only)

Name of Host Race _____ Date: _____

Entry Fee: \$18.00 per OC-6 - \$3.00 per OC-1 - Juniors 19 & under \$6.00 per OC-6

Club Name _____

Event Name _____

Event # _____

PADDLERS NAME*

AGE

USACK#

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

***All paddlers must have a signed waiver on file with the PNW-ORCA Board of Directors & USACK releasing the member clubs and Association of any liability. Each paddler should be a paid member of the USACK Corporation and listed on the PNW-ORCA membership list with its USACK membership # on file. No paddler will be allowed to race until the waiver forms and membership number is on file.**