

6th ANNUAL PACIFIC NORTHWEST OUTRIGGER CHALLENGE

Sail Sand Point
Sail Sand Point Outrigger

KIKAHA
O KE KAI OUTRIGGER CANOE CLUB



US
Canoe/Kayak

August 28th, 2010

Sand Point Beach Park

7400 Sand Point Way NE

Hosted by: Sail Sand Point OCC and Kikaha O Ke Kai OCC

Registration: 7:30 A.M. - 9:00 A.M.

Race Fees: \$20.00 per paddler race fee

Escort Boat Fee: \$250 per crew (might be higher) - local crews are encourage to get their own escorts - Escorts will be provided for out of state and far away clubs - contact boycf@comcast.net for reservations.

Race Starts: 10:00 A.M.

Womens, Coed & Mens Crews – Mass Start for **all** crews

Race Information:

Optional 18 mile Iron/Beach change **or** 26 mile Change-out race on Lake Washington:

18 mile course - Beach/land change-out course for paddlers not comfortable doing water changes (no escort boat needed)

26 mile course – Water change-out course - Sand Point Beach Park around Mercer Island and back

- Race Rules is in accordance with PNW-ORCA and USACK. All paddlers must have USACK insurance **or** sign a waiver and pay a \$10 event only race fee.

Age Categories

1. Open (all ages) Women, Men, Open Coed and Catalina COED
2. Master (40 and over) Women, Men and Catalina Masters Coed
– **Masters for water change-out crews only**

Crew Options

1. Iron - 6 paddlers only, irons the whole 18mile race course. No escort boat needed.
2. 9-man change-out - 9 paddlers changing out with an escort boat. Note: Catalina COED crews will be 6 gals and 3 guys – Women can have up to 10 women like Na Wahine O Ke Kai – Men only 9 paddlers
3. Note: Beach Change-out will have only one division (Open Coed) but you can add up to 12 paddlers to do change-outs. Try to keep an even amount of male and female paddlers (no dominant male crews unless you have to and race unofficially). No escort boat needed.

- Need to borrow an OC-6? E-mail boycf@comcast.net

